Appetisers Onion Bhajee	3.50
Mildly spiced shredded onions, bound with gram flour and deep fried.	
Vegetable Samosa Crispy pastry triangle parcels filled with mildly spiced mixed vegetable.	3.95
Lamb Samosa Crispy pastry triangle parcels filled with mildly spiced lamb mince.	4.50
Chicken Tikka Pieces of chicken marinated in olive oil and yoghurt then cooked over charcoal with red spices.	4.75
Khas Sheek Kebab Minced lamb rolled in finely chopped onion, peppers, green herbs and spices, then skewered and grilled.	4.75
Murgh Kesari Tikka Pieces of chicken coated in cashew nut paste, garlic, finger and cream, then skewered and grilled.	4.95
Tandoori Chicken The bone chicken marinated in yoghurt and ground spices then grilled in the clay oven.	4.95
Paneer Tikka Curd cheese marinated with ginger, garlic and light spices then finished in the clay oven.	4.95
Tawa Fish Fillet of white fish fried in garlic ginger paste and mild spices	5.50
Tandoori Lamb Chops Lamb chops marinated in Indian whole spice and papaya.	5.50
Shahi Jhinga on Puree Prawns pan-fried with lemon, cashew nut, Cream and a sprinkling of white pepper, served on Indian pancakes.	5.95
Chicken Chat on Puree Diced chicken cooked with cream, chat masala, cucumber and coriander,	5.95
Salmon Tikka Cubes of salmon marinated overnight in garlic, yoghurt, ginger and ground spices.	5.95
King Prawn Butterfly Mildly spiced king prawn in breadcrumb batter fried in butter.	5.95
<b>Tiranga Mixed Platter</b> A colourful mix from the tandoori with harra, kesari chicken tikka, lamb tikka. Onion bhajee & sheek kebab.	6.50

Pre-starter	
Plain Pappadom	0.60
Masala Spicy Pappadom	0.70
Condiments each (Mango Chutney, Mint Yoghurt Sauce, Lime Pickle, Onion Salad)	0.60
Sizzling Tandoori Char-Grilled Main Cou	rses
Half Tandoori Chicken Chicken on the bone, marinated in olive oil, yoghurt and red masala spices and cooked to perfection.	7.95
Chicken or Lamb Tikka Diced chunky chicken breast or lamb marinated and chargilled in the tandoor.	7.95
Murgh Kesari Tikka Chicken marinated in cashew nut paste, white pepper, ginger and cream, and then grilled in the tandoor.	8.50
Harrey Murgh Tikka Chicken breast marinated in green herbs, pureed coriander, spinach and mint, then skewered and grilled.	8.50
Grilled Salmon Pieces of salmon cooked with garlic, ginger, yoghurt and light spices then grilled in the	11.95 clay oven.
Tandoori Mixed Grill A combination of chicken & lamb tikka, lamb sheek and a piece of tandoori chicken (on	13.95 the bone).
Chicken or Lamb Shaslik  Meat skewered with extra pieces of chunky onion, tomato and peppers, served on a hot metal sizzle plate.	9.50
Chingrie King Prawn Shelled and delicately marinated to compliment the light king prawn meat, skewered & slowly chargrilled.	11.95
Paneer Shaslik Cubes of curd cheese marinated with onions, peppers, tomatoes in an olive oil with exotic herbs and barbecued in the clay oven and served sizzling.	9.50
Tandoori Lamb Chops Grilled lamb chops with cumin, ginger, garlic, yoghurt and ground spices	10.95

Vegetable Side dishes	
Vegetable Curry	3.95
Cauliflower Bhajee	3.95
Bhindi Bhajee	3.95
Sag Bhajee	3.95
Dhingri Palak	3.95
Vegetable Bhajee	3.95
Dall Samba	3.95
Chana Gughni	3.95
Onion Bhajee	3.95
Mushroom Bhajee	3.95
Bringal Bhajee	3.95
Sag Aloo	3.95
Chana Masala	3.95
Tarka Dali	3.95
Aloo Gobi	3.95
Bombay Aloo	3.95
Khumb Muttar	3.95
Muttar Paneer	4.50
Sag Paneer	4.50
Rices	
Pilau Rice	2.95
Plain Rice Steamed	2.75
Vegetable Fried Rice	3.95
Mushroom Fried Pilau	3.95
Egg Fried Pilau	3.95
Keema Fried Pilau	3.95
Coconut Rice	3.95
Lemon Rice	3.95
Special Fried Rice	4.50
n	
Breads & Accompaniments	
Naan	2.75
Keema Naan	3.50
Garlic Naan	2.95
Peshwari Naan	2.95
Olive Naan	3.25
Cheese Chilli Naan	3.25

Tandoor Roti

Plain Paratta

Green Salad

Raitha

Vegetable Stuffed Paratta

2.75

2.75

3.75

1.95

2.95

Ashoka Main Course Special	
Shirazee Adraki Mumtaj Finely minced chicken breast, chopped garlic & adrak ginger root fried with onions, peppers, fresh coriander & cooked in fresh yoghurt sauce.	5
Makai Chicken  Diced chicken tikka braised in a fresh tomato, corn and cashew nut paste gravy, with a sprinkling of Khus Khus poppy seeds, aromatic choti elachi and kasoori methi fenugreek with a mild creamy and buttery finish to the sauce.	0
Lamb Rahra Chopped pieces of succulent lamb coated with keema minced lamb, cooked in a medium flavoured garlic and masala paste, flavoured with exotic touch of chakra phool- star anise, dalchini- cinnamon and cumin seeds.	5
Goan Jal Pari  A soft white fish simmered in silky smooth coconut milk, enriched with a delicate infusion of pisa dhaniya- fresh coriander, rai- mustard seed, curry leaf, garlic, ginger paste and then aromatically flavoured with a touch of kadi patta – sweet neem leaf.	0
Jhinga Takka Tak Tandoor king prawn, lightly fried & tossed with chopped red and green peppers, dhaniya- coriander seeds and with earthy kali elachi and a pinch of kala jeera, then cooked in a medium spiced masala sauce.	5
Mixed Seafood Curry  Prawns, fish, mussels and squid simmered in a smooth tomato and onion gravy and coconut cream. Finally a wonderful combination of kesar saffron, garam masala and haldi- turmeric is added to bring out the seafood flavour.	5
Lamb Shank Patiala Tender lamb shank marinated in extra hot red chilli, braised with jeera- cumin seeds and jaiphal- nutmeg paste in a mildly sour vinegar savoury sauce.	0
Saag Nilgrin Murgh Chicken tossed with onions, coriander and curry leaves. Infused in a spinach paste and underlined by a suttle bitter lavang- clove, kebab cheeni- and balanced & softened with a drop of cream.	0
Chicken Malwadi With homemade yoghurt, sweet coconut milk and a zesty twist of lemon juice. Chicken is cooked with a blend of medium Indian spices, kali mirchi – black pepper and mustard seeds, crispy flash fried curry leaf and topped with ground ginger and chillies.	0
Duck Lazeez Barbecued duck breast cooked with a touch of tamarind sauce, ginger, pepperfresh chillies and spring onions in a hot, sweet and sour sauce.	5
King Prawn La Jawab Grilled over charcoal and then cooked in cream and butter sauce with delicate spices	5
Chicken Chittinad Full of south indian spice, chicken at it's best in chettinad homes of madras.  9.5	0

Ashoka Main Course Old Favourites All served with Pilau Rice.	
Kurma  A very mild curry made with ground coconut and a sweet cream sauce with a light arrangement of spices.	10.95
Bhuna A medium spiced savoury sauce with a blend of onions and ground cumin.	10.95
Rogan Josh Delicately spiced and cooked with onion, capsicum, tomatoes and coriander.	10.95
Dansak Soft lentils in a sweet and sour sauce cooked with fairly hot ground chilli.	11.50
Madras A hot sour dish with tomato puree, vinegar gravy and lots of ground chilli.	10.95
Jhalfrezi Another highly spiced dish with ground chilli powder, along with lots of chopped green chillies to strengthen the hot savoury flavours.	10.95
Tikka Masala  The meat is first marinated and then chargrilled in the tandoori to make the tikka, then cooked in a sweet masala mild herb creamy sauce.	11.50
Biryani Tender medium spiced meat which is fried with rice in this dry dish. Served with mixed vegetable curry sauce on the side (not served with extra rice).	11.95
Nihari A mixture of chilli & ginger, simmered in a lentil & tangy onion based sauce.	11.50
Pudina Minted sauce & coconut milk with honey, lemon Juice & Indian ground spices.	12.50
Chilli Masala  Hot, thick, highly spiced sauce with lots of chopped green chillies, cooked with a sweet masala-based sauce.	12.50
Khari A bed of herbs & spices firstly fried to create a smokey, well done flavour, which perfectly compliments the chargrilled meat from the tandoori.	12.50
Garlic Chilli Masala A flavoursome curry prepared with garlic and fresh green chillies.	12.50
Naga An ultimate curry for chilli lover individuals.	11.95
Passanda Cooked in almond, coconut and cream with red wine.	11.50
Shatkora Pieces of chicken or lamb cooked in herb and spices. Served with a rich and spicy shatkora (citrus lime) sauce.	12.50

Established 1980

Pieces of chicken or lamb prepared with chunk of onions, peppers and chillies.

Rezella

A dish of medium to hot taste.

12.50



Take- Away Menu 01323 733344

28-30 Cornfield Road . Eastbourne **East Sussex** Telephone: 01323 733344

Open 7 days a week including bank holidays

12 noon - 2pm / 6.00pm- 11.30pm

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